

Ueshiro Okinawan Karate

Family Club—State College, PA

Welcome to the Ueshiro Okinawan Family Karate Club.

We train in Shorin Ryu karate, an authentic Okinawan style, just as it has been practiced and perfected over the centuries. The Ueshiro Okinawan Karate Family Club is part of [Shorin-Ryu Karate U.S.A.](http://www.shorinryu.com), (www.shorinryu.com) an organization founded by Grand Master Ansei Ueshiro and directed by Hanshi Robert Scaglione, with many affiliated clubs and dojo around the world.

A Co-operative Spirit

The Ueshiro Okinawan Family Karate Club is designed to bring families together in a fun, rewarding physical activity fostering both individual skills and community spirit.

Schedule of Classes

Sundays* 5:30—7:00 p.m.

Windmere Hall (Independent Order of Odd Fellows Bldg)
454 Rolling Ridge Drive, State College, PA

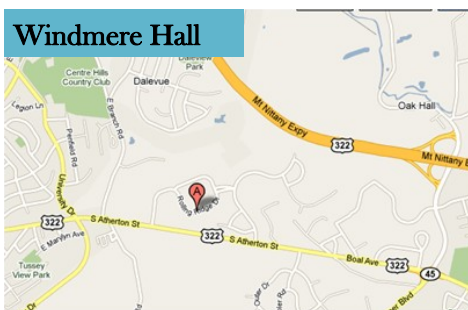
*On the FIRST Sunday of the every month the workout is followed by a pot luck dinner.

Tuesdays 6:30—7:30 p.m.

Dragonfly Therapeutic Massage and Day Spa (above Plato's Closet)
1526 North Atherton, Suite 200 (please use rear entrance)

Thursdays 6:00—7:15 p.m.

Lotus Center Yoga (across from the Pugh Street Parking Deck)
129 South Pugh Street, State College, PA



Instructor:

Matt Kaplan: Kyoshi Kaplan began his karate training in 1981 and now holds the rank of Shichi-Dan (7th Degree Black Belt). His Sensei is Hanshi (Master) Robert Scaglione.

Registration Fees:

Tuition:

\$17.50/month for adults
\$12.50/month for children (16 and under)
\$15.00/month for grandparents

Registration is for a 6-month period. To sign up, at least two family members must join.

Uniforms:

Traditional uniforms are available.
For children: \$20. For adults: \$25.

For more information contact Kyoshi Matt Kaplan at 814-278-1997